

# *Money Mindset Journal Prompts* DATE \_\_\_\_\_

---

USE THESE PROMPTS TO EXPLORE AND RESHAPE YOUR THOUGHTS ABOUT MONEY.

WHAT MESSAGES DID I RECEIVE ABOUT MONEY GROWING UP?

WHAT IS MY BIGGEST LIMITING BELIEF ABOUT WEALTH?

HOW DO I FEEL WHEN I THINK ABOUT MY FINANCIAL SITUATION?

WHAT DOES FINANCIAL FREEDOM LOOK LIKE TO ME?

WHAT AFFIRMATIONS CAN I SAY DAILY TO ALIGN WITH ABUNDANCE?